

## HOURS

- Monday:8-8
- Tuesday: 8-7
- Wednesday:8-8
- Thursday:8-8
- Friday 8-6



# M.A.K.E.

STRENGTH AND FITNESS

44 West 4<sup>th</sup> Street Mansfield

A locally  
founded  
nonprofit  
strength and  
fitness center!

## BASIC MEMBERSHIP

- \$50 a month
- Access to all equipment
- Access to all available kettlebell classes
- One guest pass a month

## PREMIUM MEMBERSHIP

- \$80 a month
- Access to all equipment
- Access to all available kettlebell classes
- Unlimited guest passes
- One monthly personal training session

## DAILY PASS

- \$10 a day
- Access to all equipment

• SCHOLARSHIPS  
AVAILABLE

- PERSONAL TRAINING  
RATES AVAILABLE  
UPON REQUEST

## FITNESS CLASSES

We have a variety of classes available for all fitness levels:

**\*\*Pilates Classes:\*\***

- Tuesdays and Thursdays from 12:15 PM to 1:00 PM

**\*\*Kettlebell Classes:\*\***

- Tuesdays and Thursdays from 6:00 PM to 7:00 PM
- Wednesdays and Fridays from 12:15 PM to 1:00 PM

**\*\*Yoga Class:\*\***

- Wednesdays at 6:00 PM

**\*\*NEW Fitness Classes Starting October 13th:\*\***

- **\*\*HIIT Class:\*\*** Mondays from 6:00 PM to 7:00 PM

**\*\*Circuit Training Class:\*\*** Wednesdays from 7:05 PM to 8:00 PM

## IMPORTANT NOTES:

- All packages include access to all gym equipment.
- Discounts available for military, veterans, first responders, and seniors
- Payments are nonrefundable

More Information :  
419-405-5711

## PRICING

**DROP IN RATE:** \$15/class

**PUNCH CARDS:** \$100 for 10 classes